

CHEYENNE WELLS SCHOOL
NOVEMBER 2021
BREAKFAST MENU
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	2 Sausage Hash-Browns Cereal Toast Fruit Milk	3 Breakfast Burrito Cereal Toast Fruit Milk	4 Breakfast Parfait Cereal Toast Fruit Milk	5
8 Pancakes w/ Syrup Cereal Toast Fruit Milk	9 Sausage Egg Cheese Muffin Cereal Toast Fruit Milk	10 Sausage Gravy over Biscuit Cereal Toast Fruit Milk	11 Fruit Smoothie Cereal Muffin Fruit Milk	12
15 Scrambled Eggs w/ Ham Cereal Toast Fruit Milk	16 Breakfast Burrito Cereal Toast Fruit Milk	17 Sausage Hash-Browns Cereal Toast Fruit Milk	18 Breakfast Parfait Cereal Toast Fruit Milk	19
22 French Toast Cereal Toast Fruit Milk	23 Pancakes w/ Syrup Cereal Toast Fruit Milk	24 Thanksgiving Break	25 Thanksgiving Break	26
29 Pancakes w/ Syrup Cereal Toast Fruit Milk	30 Breakfast Pizza Cereal Toast Fruit Milk			

This institution is an equal opportunity provider

CHEYENNE WELLS SCHOOL
NOVEMBER 2021
LUNCH MENU
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Smothered Burrito Lettuce/ Cheese Rice Fruit Milk	2 Lasagna Green Beans Garlic Bread Fruit Milk	3 Chicken Fried Steak Mashed Potatoes w/ Gravy Broccoli/ Corn Wheat Roll Jell-o w/ Fruit Milk	4 Pig in Blanket Baked Beans Carrot Sticks Fruit Milk	5
8 Cheeseburger Fries Fruit Milk	9 Frito Pie Lettuce/ Cheese Fruit Cinnamon Bread Milk	10 Turkey/ Stuffing Mashed Potatoes/w/Gravy Hot Vegetable Wheat Roll Pumpkin Dessert Milk	11 Pepperoni Dipsticks Lettuce Salad Fruit Milk	12
15 Double Decker Taco Lettuce/ Cheese Fruit Dessert Milk	16 Chicken and Noodles Mashed Potatoes Green Beans Wheat Roll Cherry or Apple Crisp Milk	17 Chili Breadsticks Carrot Sticks Fruit Milk	18 Ham and Cheese on Hoagie Tater Tots Carrot Sticks Fruit Milk	19
22 Super Nachos Lettuce Salad Fruit Dessert Milk	23 Sloppy Jo on Bun Tater Tots Fruit Milk	24 Thanksgiving Break	25 Thanksgiving Break	26
29 Chicken Fajita Veggies Rice Corn Fruit Milk	30 Spaghetti w/ Meat-sauce Green Beans Garlic Bread Fruit Milk			

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